

**I am here for you,
as your Family Resource
Specialist (FRS).**

I have served twenty eight years with Early Steps, and understand the importance of family involvement with early intervention services. I have experienced the joy and concerns that go with caring for my child with special needs, and am here to provide you with community resources, support connections, and steps for transition to Pre-K

Serving: Escambia, Santa Rosa, Okaloosa and Walton Counties. Please email to RSVP for activities!

icofield@ascension.org

NEW # 850-377-9991

**Irma Cofield,
Family Resource
Specialist**



Our Kindermusik Playgroups and Parent Chat Sessions will remain virtual group until otherwise decided by Sacred Heart and the Early Steps State Office.



Early Steps Western Panhandle

From the Desk of your Family Resource Specialist...

I hope your summer is going well.



Now is the time to focus on getting back on schedule for our Early Steps 2021-2022.

In planning, I would like your input on what you need to assist you and your child in our Early Steps support services. I'll be looking forward to hearing from you.

Join in the fun for our Playgroups & Parent Chat Sessions...

KINDERMUSIK PLAYGROUPS: Monday, August 30th @ 9:30 am

Join a virtual Kindermusik class from the safety and comfort of home! This class will promote language, motor, and social skills through parent-child activities that are led by Sarah Lalic, Occupational Therapist and Kindermusik educator.

You must RSVP to Irma Cofield the Thursday before the playgroup to receive the meeting link and password to enter the Kindermusik playgroup on Monday.

PARENT CHAT SESSIONS: Thursday evening, August 19th @ 7:00 pm

This is a great time of parent to parent connection and information sharing! The Early Steps and Pensacola Exceptional Parent Connection (PEPC). This is an empowering group of parents who have a child in Early Steps or graduated. We hope you will join...

Join Zoom Meeting

<https://clicktime.symantec.com/3Q5Ti9jz5wzgzBSCe8cGtov7Vc?u=https%3A%2F%2Fzoo.m.us%2Fj%2F97465999243%3Fpwd%3DaFiyTi91dCtzQ0puV3NFdUIKc1EwUT09>

Meeting ID: 974 6599 9243

Passcode: 850

Look what is new to view our
Early Steps web-page!



Support Connections



Escambia & Santa Rosa Counties

Autism Pensacola Inc.: 850-434-7171 Website: www.autismpensacola.org Email: info@autismpensacola.org

Emerald Coast Exceptional Families: 850-396-1008 ECExceptionalFamilies@gmail.com or <https://www.emeraldcoastexceptionalfamilies.org/>

Empowerment Parent Resource Center: 850-444-8554 Website: www.EPRCNWFL.com
Facebook at Empowerment Parent Resource Center

Epilepsy Support: 850-433-1395 Website: www.epilepsyfl.org

Genes of Joy: Parents of children with Down Syndrome, Christi 850-377-0018, Katie 850-375-0800 or genesofjoy@gmail.com; website: <https://www.genesofjoy.org/>

Mended Little Hearts of Pensacola: On Facebook Parents of children with heart conditions: Ashley Baxley AshleyBaxley@mendedlittlehearts.us

Pediatric Stroke Warriors of Pensacola: Rebecca Scherer 352-572-9018 or rebeccascherer84@gmail.com for meetings and Facebook.

Pensacola Exceptional Parents Connection: Parents of Children with various exceptionalities: including Down Syndrome, Cerebral Palsy, Autism, Spina Bifida and intellectual and developmental disabilities. Angela abeddy01@gmail.com or 384-7330 or Amy amyimaxwell@att.net or 393-8808

Pensacola Grandparents Raising Grandchildren and other Relatives: Call 850-432-1475 ext.175 to confirm meeting date & location, child care provided, Reservations requested!

Pensacola Parents of Multiples: Parents of twins, triplets and multiple births: PensacolaParentsofMultiples@hotmail.com or 850-384-1231 Find on Facebook too.

Preemies of Pensacola on Facebook: [Facebook.com/Groups/PreemiesOfPensacola](https://www.facebook.com/Groups/PreemiesOfPensacola) To connect with other families from the NICU at Children's Hospital-Sacred Heart

Okaloosa & Walton Counties

Emerald Coast Exceptional Families: 850-396-1008 ECExceptionalFamilies@gmail.com or <https://www.emeraldcoastexceptionalfamilies.org/>

Empowerment Parent Resource Center: 850-444-8554 Website: www.projectempowernwfl.org
Facebook at Empowerment Parent Resource Center

Epilepsy Parent Support Group: 850-433-1395 Website: www.epilepsyfl.org

EPIC- Exceptional Parents Incredible Children, Inc.: 229-854-1180 rand.fernandez@gmail.com
Website: <https://clicktime.symantec.com/3VqHLUkWc1zwCVozLcH5gwU7Vc?u=www.epicnwfl.org>

Rockin' the 21: Down Syndrome support connection on Facebook ; Jean Mitchell (850)582-0313 jmmitch75@gmail.com, Emily Lamberson emily.lamberson@gmail.com

If you are unable to connect with a group contact me, Irma, Family Resource Specialist for assistance by emailing icofield@ascension.org

