

**I am here for you,  
as your Family Resource  
Specialist (FRS).**

I have served twenty eight years with Early Steps, and understand the importance of family involvement with early intervention services.

I have experienced the joy and concerns that go with caring for my child with special needs, and am here to provide you with community resources, support connections, and steps for transition to Pre-K

Serving: Escambia, Santa Rosa, Okaloosa and Walton Counties.  
Please email to RSVP for activities!

[icofield@ascension.org](mailto:icofield@ascension.org)

**NEW # 850-377-9991**

**Irma Cofield,  
Family Resource  
Specialist**



**Our Kindermusik Playgroups and Parent Chat Sessions will remain virtual group until otherwise decided by Sacred Heart and the Early Steps State Office.**



**Early Steps Western Panhandle**

**From the Desk of your Family Resource Specialist...**

*I hope your summer is going well.*



***Now is the time to focus on getting back on schedule for our Early Steps 2021-2022.***

*In planning, I would like your input on what you need to assist you and your child in our Early Steps support services.  
I'll be looking forward to hearing from you.*

**Join in the fun for our Playgroups & Parent Chat Sessions...**

**KINDERMUSIK PLAYGROUPS: Monday, September 13th & 27th @ 9:30 am**

Join a virtual Kindermusik class from the safety and comfort of home! This class will promote language, motor, and social skills through parent-child activities that are led by Sarah Lalic, Occupational Therapist and Kindermusik educator.

**You must RSVP to Irma Cofield the Thursday before the playgroup to receive the meeting link and password to enter the Kindermusik playgroup on Monday.**

**PARENT CHAT SESSIONS: Thursday evening, September 9th & 23rd @ 7:00 pm**

This is a great time of parent to parent connection and information sharing! The Early Steps and Pensacola Exceptional Parent Connection (PEPC). This is an empowering group of parents who have a child in Early Steps or graduated. We hope you will join...

Join Zoom Meeting

<https://clicktime.symantec.com/3Q5Ti9jz5wzgzBSCe8cGtov7Vc?u=https%3A%2F%2Fzoo.m.us%2Fj%2F97465999243%3Fpwd%3DaFlyTi91dCtzQ0puV3NFdUIKc1EwUT09>

Meeting ID: 974 6599 9243

Passcode: 850

Look what is new to view our  
Early Steps web-page!



# Support Connections



## Escambia & Santa Rosa Counties

**Autism Pensacola Inc.:** 850-434-7171 Website: [www.autismpensacola.org](http://www.autismpensacola.org) Email: [info@autismpensacola.org](mailto:info@autismpensacola.org)

**Emerald Coast Exceptional Families:** 850-396-1008 [ECExceptionalFamilies@gmail.com](mailto:ECExceptionalFamilies@gmail.com) or <https://www.emeraldcoastexceptionalfamilies.org/>

**Empowerment Parent Resource Center:** 850-444-8554 Website: [www.EPRCNWFL.com](http://www.EPRCNWFL.com)  
Facebook at Empowerment Parent Resource Center

**Epilepsy Support:** 850-433-1395 Website: [www.epilepsyfl.org](http://www.epilepsyfl.org)

**Genes of Joy:** Parents of children with Down Syndrome, Christi 850-377-0018, Katie 850-375-0800 or [genesofjoy@gmail.com](mailto:genesofjoy@gmail.com); website: <https://www.genesofjoy.org/>

**Mended Little Hearts of Pensacola: On Facebook** Parents of children with heart conditions: Ashley Baxley [AshleyBaxley@mendedlittlehearts.us](mailto:AshleyBaxley@mendedlittlehearts.us)

**Pediatric Stroke Warriors of Pensacola:** Rebecca Scherer 352-572-9018 or [rebeccascherer84@gmail.com](mailto:rebeccascherer84@gmail.com) for meetings and Facebook.

**Pensacola Exceptional Parents Connection:** Parents of Children with various exceptionalities: including Down Syndrome, Cerebral Palsy, Autism, Spina Bifida and intellectual and developmental disabilities. Angela [abeddy01@gmail.com](mailto:abeddy01@gmail.com) or 384-7330 or Amy [amyimaxwell@att.net](mailto:amyimaxwell@att.net) or 393-8808

**Pensacola Grandparents Raising Grandchildren and other Relatives:** Call 850-432-1475 ext.175 to confirm meeting date & location, child care provided, Reservations requested!

**Pensacola Parents of Multiples:** Parents of twins, triplets and multiple births: [PensacolaParentsofMultiples@hotmail.com](mailto:PensacolaParentsofMultiples@hotmail.com) or 850-384-1231 Find on Facebook too.

**Preemies of Pensacola on Facebook:** [Facebook.com/Groups/PreemiesOfPensacola](https://www.facebook.com/Groups/PreemiesOfPensacola) To connect with other families from the NICU at Children's Hospital-Sacred Heart

## Okaloosa & Walton Counties

**Emerald Coast Exceptional Families:** 850-396-1008 [ECExceptionalFamilies@gmail.com](mailto:ECExceptionalFamilies@gmail.com) or <https://www.emeraldcoastexceptionalfamilies.org/>

**Empowerment Parent Resource Center:** 850-444-8554 Website: [www.projectempowernwfl.org](http://www.projectempowernwfl.org)  
Facebook at Empowerment Parent Resource Center

**Epilepsy Parent Support Group:** 850-433-1395 Website: [www.epilepsyfl.org](http://www.epilepsyfl.org)

**EPIC- Exceptional Parents Incredible Children, Inc.:** 229-854-1180 [rand.fernandez@gmail.com](mailto:rand.fernandez@gmail.com)  
Website: <https://clicktime.symantec.com/3VqHLUkWc1zwCVozLcH5gwU7Vc?u=www.epicnwfl.org>

**Rockin' the 21:** Down Syndrome support connection on Facebook ; Jean Mitchell (850)582-0313 [jmmitch75@gmail.com](mailto:jmmitch75@gmail.com), Emily Lamberson [emily.lamberson@gmail.com](mailto:emily.lamberson@gmail.com)

*If you are unable to connect with a group contact me, Irma, Family Resource Specialist for assistance by emailing [icofield@ascension.org](mailto:icofield@ascension.org)*

