

## Early Steps Western Panhandle



**Join in the Fun Activities...[you will receive an attendance gift!](#)**

We are here for you,  
as your Family Resource  
Specialists(FRS).

We work with you and  
your Early Steps team.

We understand the  
importance of family  
involvement with early  
intervention services.

We have experienced the  
joy and concerns that go  
with caring for a child with  
special needs. We are here  
to provide you with  
activities, support  
connections, and other  
community resources.

Serving: Escambia, Santa  
Rosa, Okaloosa and Walton  
Counties.



[icofield@ascension.org](mailto:icofield@ascension.org)  
850-377-9991

[ashley.murray2@ascension.org](mailto:ashley.murray2@ascension.org)  
850-610-2012

Please call or email for  
assistance or to RSVP for  
playgroups!



### **CRESTVIEW LIBRARY STORY-TIME: Thursday, November 7th @ 10:30am**

**1445 Commerce Dr., Crestview.** Led by Heather, Child Librarian

***Children learn from listening and active play through stories.***

Doors open at 10:00 for social time 10:15 then the playgroup begins at 10:30am.

This story time is designed for you and your child to engage in story, music, and movement.

Playtime is offered after the storytime. Join in the fun!!! Please RSVP to Irma

### **MUSIC & MOVEMENT PLAYGROUPS: Tuesday, November 12th & 19th @ 10:00**

**am.** Join our 'virtual' musical playgroup from the comfort of home! Led by Elizabeth "Lizzy" Johnson, Instructor. This is a time for parent and child interaction using music & movement. We will follow instructions from our leader throughout the playtime. In order to fully participate, you will need wooden spoons or rhythm sticks, egg shaker, maracas, (empty spice jar filled with rice or dry beans), or bells, a bowl or drum, and a scarf or other lightweight material for movement time.

We need you to put you or your child's names on your device for identification purposes.

This is a safe and private space for our little ones to enjoy time together. We hope that you will join in the fun! You must RSVP to Irma for our attendance list.

\*If you attend two playgroups with intentions to continue, we will give you a gift bag with the instruments that we use.\*

<https://ascension.zoom.us/j/3176684962?pwd=OG4reGpvekFndU9QUVdVdkkvbk1Jdz09>

Meeting ID: 317 668 4962 Passcode: EarlySteps

### **TRANSITION TO PRE-K PRESENTATION: Wednesday, November 13th @ 10:00-10:45 am:**

This is for parents that have children who will be soon transitioning from Early Steps to the Pre-K system. You will get...step by step instructions for the Exceptional Student Education (ESE) Pre-K enrollment process. There will be a time for your questions and answers to assist a smooth transition. (Esc. Co. Only) Presenter Marlene McCulley, ESE Social Worker with Escambia County. Please RSVP for your place and to receive the handouts for the presentation.

<https://ascension.zoom.us/j/3176684962?pwd=OG4reGpvekFndU9QUVdVdkkvbk1Jdz09>

Meeting ID: 317 668 4962 Passcode: EarlySteps

### **GROW YOUR GIFT PRESENT KINDERMUSIK PLAYGROUP: Thursday, November**

**14th @ 10:30 am - 11:30 am. 105-B Lewis St., FWB** Join in with Sarah Kent,OTR, presents Kindermusik classes that boost language, social, and emotional skills. These music classes are designed to target fine and gross motor skill development through interactive musical activities that engage both the child and caregiver. Please RSVP for your place.

### **SOCIAL & SENSORY PLAYGROUP: Monday, November 18th @**

**10:30-11:30am Salute Academy 9326 Pensacola Blvd., Pensacola 32526** with

Kimberlee Spencer, ITDS-PhD and hosted by Irma Cofield, Family Resource Specialist. Join us for a sensory filled playgroup. Jumping, climbing, scooping, and pouring provided safe sensory input that supports communication skills and brain development. Follow your child's lead while bonding over bubbly tubes and fairy lights and promoting early play skills. There will be an air track (an inflatable track for jumping), a crash pad, infant soft mates, toys, books, a sensory table, a tent with fairy lights, a bubble tube, parachute, and fiber optic lights.

We hope you join in the fun! Please RSVP to Irma.

View Early Steps webpage for more info at [earlystepsatsacredheart.org/](http://earlystepsatsacredheart.org/)

Also on Facebook Early Steps Western Panhandle



# Support Connections



## Escambia & Santa Rosa Counties

**Amora's Mission:** Our mission is to ensure no family feels alone following a diagnosis of a child with Down Syndrome: Stephanie 850-287-6773 [amorasmission321@gmail.com](mailto:amorasmission321@gmail.com)

**Autism Pensacola Inc.:** 850-434-7171 Website: [www.autismpensacola.org](http://www.autismpensacola.org) Email: [info@autismpensacola.org](mailto:info@autismpensacola.org)

**Emerald Coast Exceptional Families:** 850-396-1008 or [admin@emeraldcoastexceptionalfamilies.org](mailto:admin@emeraldcoastexceptionalfamilies.org)  
<https://www.emeraldcoastexceptionalfamilies.org/>

**Epilepsy Support:** 850-433-1395 Website: [www.epilepsyfl.org](http://www.epilepsyfl.org)

**Genes of Joy:** Parents of children with Down Syndrome, Christi 850-377-0018 [genesofjoy@gmail.com](mailto:genesofjoy@gmail.com);  
website: <https://www.genesofjoy.org/>

**Mended Little Hearts, Inc. International Headquarters & Resources:** 1-888-432-7899  
[info@mendedhearts.org](mailto:info@mendedhearts.org) Resource Center 229-518-2680

**Pediatric Stroke Warriors of Pensacola:** Rebecca Scherer 352-572-9018 or  
[rebeccascherer84@gmail.com](mailto:rebeccascherer84@gmail.com) for meetings and Facebook.

**Pensacola Exceptional Parents Connection:** Parents of Children with various exceptionalities:  
including Down Syndrome, Cerebral Palsy, Autism, Spina Bifida and intellectual and developmental  
disabilities. Tammy Lunsford [countrygirl2@hotmail.com](mailto:countrygirl2@hotmail.com) 850-910-3745, Angela [abeddy01@gmail.com](mailto:abeddy01@gmail.com)  
850-384-7330 or Amy [amylmaxwell@att.net](mailto:amylmaxwell@att.net) 850-393-8808

**Pensacola Grandparents Raising Grandchildren and other Relatives:** Call 850-432-1475 ext.175  
to confirm meeting date & location, child care provided, Reservations requested!

**Pensacola Parents of Multiples:** Parents of twins, triplets and multiple births:  
[PensacolaParentsofMultiples@hotmail.com](mailto:PensacolaParentsofMultiples@hotmail.com) or 850-384-1231 Find on Facebook too.

**Preemies of Pensacola on Facebook:** [Facebook.com/Groups/PreemiesOfPensacola](https://www.facebook.com/Groups/PreemiesOfPensacola) To connect with  
other families from the NICU at Sacred Heart Children's Hospital

**Rockin' the 21/Rockin' 321 Social:** Down Syndrome support connection on Facebook for activities and  
social events. Nicole Smith 251-458-0779 or [Nnrenner@gmail.com](mailto:Nnrenner@gmail.com)

## Okaloosa & Walton Counties

**Emerald Coast Exceptional Families:** 850-396-1008 or [admin@emeraldcoastexceptionalfamilies.org](mailto:admin@emeraldcoastexceptionalfamilies.org)  
<https://www.emeraldcoastexceptionalfamilies.org/>

**Epilepsy Parent Support Group:** 850-433-1395 Website: [www.epilepsyfl.org](http://www.epilepsyfl.org)

**Rockin' the 21/Rockin' 321 Social:** Down Syndrome support connection on Facebook for activities and  
social events. Nicole Smith 251-458-0779 or [Nnrenner@gmail.com](mailto:Nnrenner@gmail.com)

*If you are unable to connect with a group contact Family Resource Specialist for assistance by  
emailing or phone [icofield@ascension.org](mailto:icofield@ascension.org) 850-377-9991 or  
[ashley.murray2@ascension.org](mailto:ashley.murray2@ascension.org) 850-610-2012*

